

GLUTEN FREE MENU

SPECIAL LUNCH MENU

2 courses - £8.75, 3 courses - £11.75

Homemade soup *with a crusty roll*

Cajun spiced chicken goujons *with salad & a barbeque dip*

Tomato & red onion bruschetta *with olive oil, black pepper & fresh basil on toasted bread (ve)*

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Cajun spiced chicken fillet *with a baked potato & garden peas*

Chilli con carne *topped with sour cream & served with rice*

Grilled chicken or ham salad *with balsamic dressed salad leaves*

with mixed peppers, tomato, red onion & cucumber

Omelette *served with dressed salad*

Choose from cheese, onion, ham, tomato or mushroom

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Warm chocolate fudge brownie *with cream or ice cream*

Trio of dairy ice cream

SANDWICHES

On gluten-free bread with dressed salad

Bacon, brie & cranberry	£5.25
Honey roast ham with salad & mango	£4.45
Tuna mayonnaise with salad	£4.75
Cheddar cheese ploughman's (v)	£4.50
Egg mayonnaise (v)	£4.25
Chicken salad with mayonnaise	£4.75
Cheddar cheese & ham	£4.75

BAKED POTATOES

Freshly baked & served with dressed salad

Butter (v)	£3.95
Baked beans (v)	£4.45
Tuna mayonnaise	£5.50
Cheddar cheese (v)	£4.50
Chicken mayo	£5.25
Chilli con carne	£5.50

SALADS

Grilled chicken, ham or cheese	£7.50
Balsamic dressed salad leaves with mixed peppers, tomato, red onion & cucumber	

